

## Onions in Foil

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Serves  

### Ingredients

2 large fresh onions  
2 tablespoons of extra virgin olive oil  
balsamic vinegar  
origan  
salt

### Method

Peel and with a knife cut a cross on the top of the onions. Put each onion in a square of aluminum foil. Add salt and oil, wrap the foil and bake at 200 degrees for one hour. Allow to cool, open the foil and dress with balsamic vinegar or origan to taste.