

Fish burger

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For 🍴 🍴 🍴 🍴 Fish burger

Ingredients

350 g "ventresca" fillet tuna (a womb part of the tuna)
250 g fillet of cod
1 small clove garlic
1/2 teaspoon dill
extra virgin olive oil
salt

Method

Dice the tuna and crush it in the potato masher. Cut the cod fillets into small cubes and add to the minced tuna. Add a little oil, a clove of minced garlic, salt, dill and mix everything. Cut from a sheet of baking paper 8 discs of the diameter of your potato masher. Form 4 balls with the mixture of fish, then place a paper disk on the bottom of the potato masher, rest on a ball, cover with another paper disk and press to form your fishburger. Continue with remaining dough. Cook the fishburgers on a griddle pan for a few minutes on both sides and serve over lettuce leaves